



**INFORMED CONSENT FORM RE: CLUBS AND ACTIVITIES BASED ON A SPORT,  
DANCE OR EXERCISE ACTIVITY  
OR  
FOR A PROJECT THAT REQUIRES USE OF GARDENING OR SHOP TOOLS.**

*Student Name:* \_\_\_\_\_ *Birth Date:* \_\_\_\_\_

*School:* \_\_\_\_\_ *Grade:* \_\_\_\_\_

This school strives to protect each student from possible injury while engaging in school activities. Participants and their parents should recognize that conditioning, nutrition, proper techniques, safety procedures, and well-fitting equipment are important aspects of this training program. Each participant is expected to follow the directions/standards of the advisor and must understand that failure to follow such directions or adhere to standards may place the participant at risk.

We accept and understand that clubs and activities that are based on a sport, dance or exercise activity OR a project that requires use of gardening or shop tools involves certain inherent risks, dangers and hazards associated with participation, which include, but are not limited to: muscular strains; bruises; scratches; scrapes; broken bones; dislocations; sprains; head injuries; concussions; serious neck and spinal injuries potentially resulting in complete or partial paralysis; brain damage; blindness; serious injury to all internal organs; serious injury to all bones, joints, ligaments, muscles and tendons; contusions; dislocations; fractures; and which may also include other serious bodily injuries necessitating long term care and significantly impairing enjoyment of life or life activities. An inherent risk, danger and hazard associated with participation could even be death.

(Student Initial)\_\_\_\_\_ (Parent Initial)\_\_\_\_\_

We accept and understand that certain activities such as tumbling and stunting carry with them a greater inherent risk of injury.

(Student Initial)\_\_\_\_\_ (Parent Initial)\_\_\_\_\_

We understand that the inherent risks of this club/activity cannot be eliminated without jeopardizing the essential qualities of the club/activity. We have reviewed the risks and we still desire to participate in the club/activity and voluntarily assume all responsibility and risk of loss, damage, illness and/or injury to my person or property in any way associated with my participation in such club/activities.

(Student Initial)\_\_\_\_\_ (Parent Initial)\_\_\_\_\_

